

## Gilchrist Nurse Practitioner Wins 2020 Art of Nursing Award

Hunt Valley, Md., May 19, 2020

Gilchrist nurse practitioner Catherine Mauriello is the recipient of the 2020 GBMC Art of Nursing Nurse Leader Award. Each spring during National Nurses Week, GBMC HealthCare celebrates its nursing staff through The Art of Nursing Awards. The awards celebrate nursing as an art form—the art of science, knowledge, and caring. Employees nominate their colleagues in seven nursing categories, and the winners span the continuum of the GBMC healthcare system—GBMC Hospital, GBMC Health Partners, and Gilchrist. This year's winners were honored in a surprise virtual celebration on May 12, 2020, coinciding with Florence Nightingale's 200th birthday.

"Gilchrist is so grateful for our nurses who care for the sick, comfort the dying, and provide vital social connection to our patients and families," said Catherine Hamel, president of Gilchrist. "We are proud to join with GBMC in its tradition of honoring our extraordinary nurses who embody the art of nursing in their fields."

## Catherine Mauriello, MS, ANP-BC, ACHPN - Winner of The Art of Nursing Nurse Leader Award

As a Gilchrist nurse practitioner on the Integrative and Palliative Medicine team, Cathy is the first to raise a hand to help, no matter what the care setting, no matter what the circumstances. She inspires the people around her—patients, families, colleagues—toward positive change just by being present. Her compassion, passion, and her ability to see "the big picture" are infectious to those she works with and encounters each day. She truly leaves her heart on the table, whether dealing with her colleagues or her patients. As a mentor, Cathy shines in all settings and is patient, understanding, and knowledgeable. Her low-key manner and calming presence allow for the best environments to learn and care for patients. Cathy is one of few nurse practitioners certified in Hospice and Palliative Care, which is voluntary. Cathy is a palliative care advocate—given any opportunity, she will share her passion and her knowledge, bringing further awareness to all the work she touches.

## **ABOUT GILCHRIST**

Gilchrist is a nationally recognized nonprofit leader in serious illness and end-of-life care. With elder medical care, counseling and hospice, we help people at every stage of serious illness live life to the fullest and make informed choices about their care. Since 1994, the organization has served thousands of individuals throughout Central Maryland—in homes, in skilled nursing and residential care communities, and at our three inpatient hospice centers in Towson, Howard County and Baltimore. Gilchrist is accredited by CHAP (Community Health Accreditation Partner), and is a recipient of the prestigious Circle of Life award from the American Hospital Association. For more information about Gilchrist, visit gilchristcares.org.

Media Contact: Kristina Rolfes 443-465-5992, krolfes@gilchristcares.org

###