



Luminis Health Gilchrist Lifecare Institute

# Overview of programs and services

# Innovating a new way of caring

The Luminis Health Gilchrist Lifecare Institute provides an integrated continuum of care for older individuals across all settings in Anne Arundel and Prince George's counties. We bring together the combined expertise of two nationally recognized organizations: Luminis Health and Gilchrist. Luminis Health is a leading health system based in Maryland, with numerous inpatient and outpatient locations across eight counties. Gilchrist is a nationally recognized nonprofit with a 28-year reputation of excellence in palliative care and hospice care. Together, we are innovating a new way of caring.

## Seamless care

The team of experts at Luminis Health Gilchrist Lifecare Institute provides comprehensive, coordinated medical care and support wherever you need it, including in the comfort of your own home. We personalize services to your unique needs and ensure seamless care throughout every stage of your journey. We manage all aspects of care, so you can focus on living your best life.

*Care, counseling and support to help you live life to the fullest.*

Families facing serious illness have questions. Luminis Health Gilchrist Lifecare Institute has answers. With palliative care and hospice care, we're your support system for an entire range of late-in-life issues.



# Our services

Luminis Health Gilchrist Lifecare Institute cares for individuals and families throughout Anne Arundel County and Prince George's County, Maryland. We provide comprehensive services across multiple settings, including at home, in residential care communities—such as long-term care and assisted living facilities—and throughout the community.

## Palliative Care At Home

We bring our care to you to ensure you receive the medical attention you need when and where you need it. You may benefit from Palliative Care at Home if you have a chronic or serious illness and have difficulty leaving home or need help with activities of daily living. Palliative Care nurse practitioners, social workers, pharmacists, nurses and health coaches will come to your home or residence to provide services.

We provide medical care focused on symptom and medication management. Our physician or nurse practitioner will become your primary care provider overseeing your care. We ask what your care goals are and help you achieve them. In addition, we provide guidance on advance care planning and finding community resources. We also provide emotional support and education on living with a serious illness. You can still receive Medicare home health services while enrolled in our program.

### **What benefits can Palliative Care provide to you?**

- Comprehensive health assessments
- Customized and coordinated care at your home
- Support for your goals of care
- Help making decisions through advance care planning, and education and guidance about the likely progression of your illness
- Reduction in stress for caregivers and their loved ones
- 24/7 on-call support for urgent needs
- Education on living with your illness
- Help accessing available and needed community resources

# At Residential Communities

Luminis Health Gilchrist Lifecare Institute's Residential Community Care program is for those with serious illness who need coordinated care and guidance. Our team consists of medical directors, physicians and nurse practitioners. Our experts provide care in your residential community to help improve your quality of life. This team will provide medical care and coordinate with your current medical team. We will adjust your plan of care as your needs change.

We can also provide guidance to help you through the often complex health care system. In addition, we can ensure that your care is coordinated. For instance, we make sure that your medical history, health care needs and wishes for care are known and shared. As a result, your care will remain consistent even if your health care setting changes.

## Hospice Care

Hospice enhances the end of life by providing care that allows people to live their final days to the fullest, in peace and without pain, in the place that provides the most solace. Luminis Health Gilchrist Lifecare Institute provides comprehensive, coordinated and compassionate care to people with life-limiting illnesses—such as cancer or end-stage heart, lung, kidney or neurological disease—as well as their families. Our team of hospice professionals and volunteers provides support that addresses all needs—medical, emotional, social and spiritual. We serve people of all ages, focusing on helping them live life to the fullest. Hospice care may be provided at home, in a residential care community, or in our inpatient centers. Families have access to extensive bereavement services before and after a loss, including grief counseling, support groups and celebration of life events.



# Where we can serve you

Luminis Health Gilchrist Lifecare Institute provides care and support to families residing in Anne Arundel County and expanding into Prince George's County.

# Choosing Luminis Health Gilchrist Lifecare Institute

The Luminis Health Gilchrist Lifecare Institute provides coordinated care across every setting throughout the healthcare journey. We help address the complex medical, emotional and social needs specific to the elderly, focusing on the highest quality of life. Every day, we help older adults live life to the fullest. We deliver the right care, in the right place, at the right time.

Here are just a few of the reasons why people choose Luminis Health Gilchrist Lifecare Institute:

- **We offer a seamless continuum of care throughout every stage of serious illness.**
- **We are experts in geriatric and end-of-life care.** Our doctors, nurses, social workers, aides, chaplains and other professionals have specialized training and years of experience.
- **We provide care whenever and wherever you need it.** Your team will coordinate your care across every setting, including hospitals, doctors' offices, long-term care facilities and homes.
- **Our dedicated team of professionals and volunteers are committed to you.** Their work is not a job, but a calling.
- **Your exceptional care will be tailored to your cultural and religious preferences.** We provide cultural diversity training to staff and education on delivering culturally competent care.



# Complementary care offering

## **We Honor Veterans**

We Honor Veterans is a program designed to meet the unique needs of veterans and thank them for their sacrifice and service to our country. In partnership with the National Hospice and Palliative Care Organization and our local VA office, we provide veteran to veteran outreach, pinning ceremonies and other initiatives to ensure that the contributions and needs of veterans are recognized and respected.

## **Uncertain about which services your loved one needs?**

Our specially trained care navigators will listen to your needs and provide resources both within Luminis Health Gilchrist Lifecare Institute and in the community.

## **Call 443-332-5800**

*Luminis Health Gilchrist Lifecare Institute provides services without regard to race, color, creed, sex, sexual orientation, disability, religion, ability to pay or national origin.*

To register a grievance with Luminis Health Gilchrist Lifecare Institute, patients and families may call 443.332.5800 : TTY 800.735.2258







Once receiving Luminis Health Gilchrist Lifecare Institute services, we are available 24 hours a day, 7 days a week.

**Luminis Health Gilchrist Lifecare Institute**

2000 Medical Parkway, Suite 607  
Annapolis, MD 21401

443.332.5800

[Luminis.Health/Gilchrist](https://www.luminishealth.com/gilchrist)

TTY Maryland Relay Service: 1.800.735.2258

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