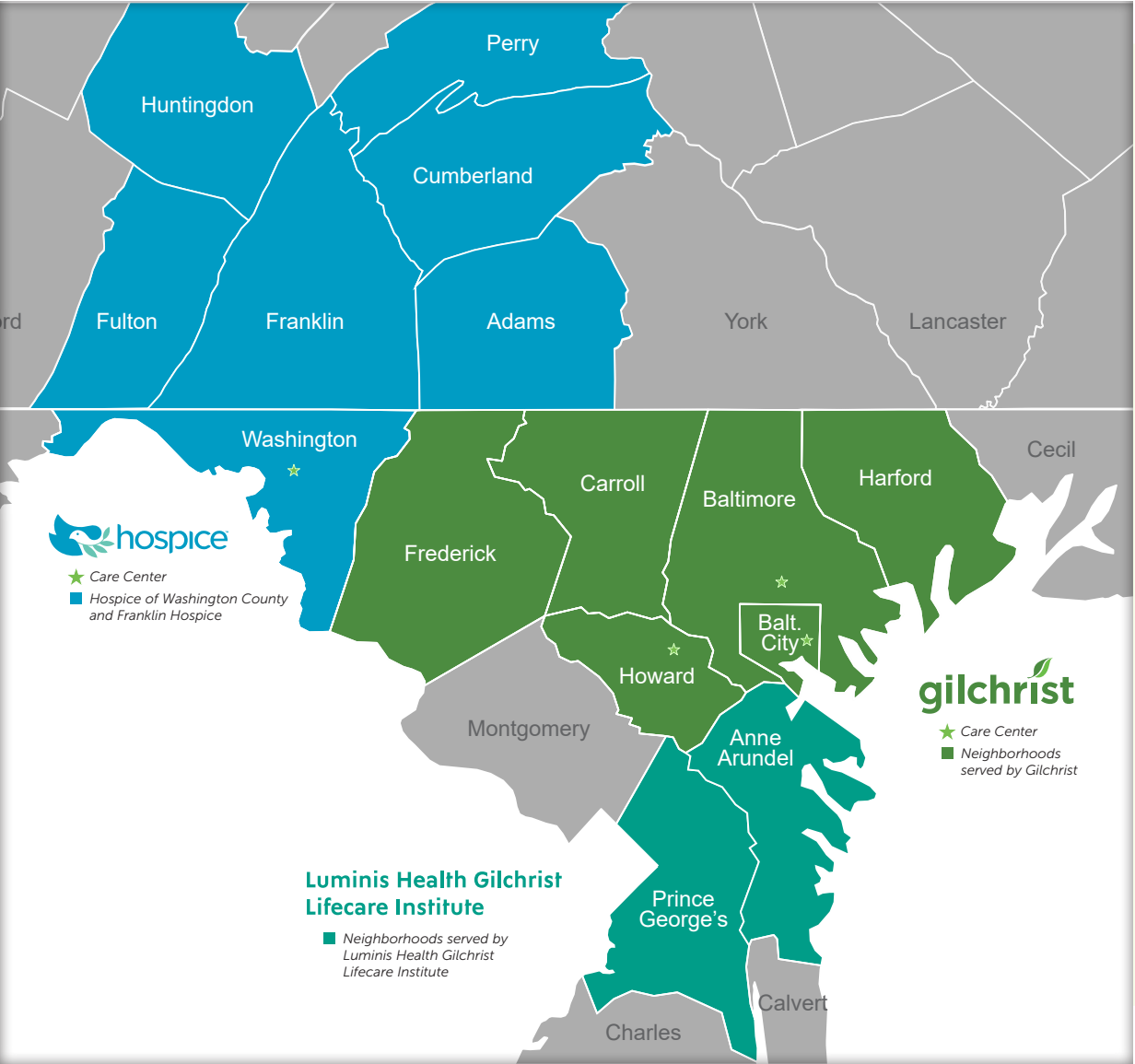# Expanding Our Reach.   Enriching More Lives.

Our team is comprised of the region's most trusted and experienced physicians, nurse practitioners, nurses, social workers, and other team members who manage complex care **wherever you call home**. Gilchrist and its affiliate organizations provide care in **private residences, senior living communities, many area hospitals, and our care centers** across Maryland and south-central Pennsylvania.

Perry

Huntingdon

Cumberland

Fulton   Franklin   Adams

York   Lancaster

Washington

Carroll   Baltimore   Harford   Cecil

Frederick

Balt. City

Howard

Montgomery

Anne Arundel

Prince George's

Charles   Calvert

hospice
★ Care Center
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gilchrist
★ Care Center
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Luminis Health Gilchrist Lifecare Institute
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Wherever You Call Home

GILCHRIST
A NONPROFIT ORGANIZATION

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Gilchrist provides services without regard to race, color, creed, sex, sexual orientation, disability, religion, ability to pay, or national origin.

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Live Every Moment

Supporting You Every Step of the Way

Geriatric, Palliative, and Hospice Care

Live Every Moment.

At Gilchrist, we understand that aging and serious illness bring unique challenges.

Our expert team is here to guide you and your loved ones through every stage of geriatric, palliative, hospice, and grief care – ensuring comfort, dignity, and support.

We are honored to walk this journey with you. Whether time with us is measured in years, months, days or hours, our mission remains the same: ensuring that everyone lives every moment to the fullest.

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Geriatric Care
Supporting Aging with Dignity

As we age, managing health often becomes more complex. Our geriatric care team—of geriatricians, nurse practitioners, social workers, and pharmacists—is specially trained to meet the unique needs of older adults. **For homebound seniors with advanced chronic illnesses, we offer comprehensive care designed to enhance quality of life**, ensuring they can safely manage their health at home. By addressing physical, emotional, social, and spiritual needs, we help aging adults facing serious health challenges live as comfortably as possible.

Palliative Care
Enhancing Comfort and Well-Being

Our palliative care team is focused on the effective management of the uncomfortable symptoms a serious illness can bring, such as pain, anxiety, and uncertainty. Regardless of diagnosis or disease, **we empower patients and families with clear, compassionate communication to help them make informed healthcare decisions** that align with their goals. Our holistic approach prioritizes wellness and quality of life, ensuring that patients receive the resources and support they need.

Hospice Care
Providing Comfort and Support

For individuals who are in the final stages of an advanced illness and no longer desire aggressive treatment, hospice care focuses on comfort, dignity, and quality of life. **Our comprehensive hospice team provides pain management, symptom relief, and emotional and spiritual support for both adult and pediatric patients and their families.** Because no two journeys are the same, we focus on a deeply personal end-of-life experience to ensure that individuals receive care wherever they call home, so that they can live life to the fullest.

Grief Care
Guiding You Through Life's Most Difficult Moments

Whether before, during, or after a diagnosis or loss, our team is here to offer comfort, resources, and a listening ear to help navigate the complex emotions that come with grief and transition. At Gilchrist, **grief support services are woven into every aspect of our care offerings.** We understand that facing a life-limiting diagnosis or the loss of a loved one can be an incredibly difficult and emotional journey. Our highly specialized grief team provides hope and healing to anyone in need.

Life Enrichment Programs

Gilchrist offers compassionate programs that celebrate life. Each offering provides therapy and guidance that create special memories throughout your journey with us.

- Music Therapy
- Jewish Care and Support
- We Honor Veterans – Salute to Service
- Pet Therapy
- Legacy and Remembrance Projects
- Volunteer Support
- Caregiver Support

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