

## Be in Touch

Please don't hesitate to let us know if there are other ways we can make your stay comfortable, religiously meaningful, and spiritually fulfilling. We wish you blessings, comfort, and peace.



### Rabbi Benjamin Shalva

Manager of Jewish Care, Support, and Rabbinic Services



**GILCHRIST**  
A NONPROFIT ORGANIZATION

**888.823.8880**

11311 McCormick Road, Suite 350  
Hunt Valley, Maryland 21031

**[gilchristcares.org](http://gilchristcares.org)**

TTY Maryland Relay Service: 1.800.735.2258

*Gilchrist provides services without regard to race, color, creed, sex, sexual orientation, disability, religion, ability to pay, or national origin.*



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## Jewish Care & Support at Gilchrist



**gilchrist**

Live Every Moment



# Welcome!

**Shalom and welcome to Gilchrist! Our goal is to create a comfortable, therapeutic, and spiritually supportive environment for all our Gilchrist patients and families.**

For our Jewish patients and families, we are happy to provide...

- Certified Kosher Meals, prepared by Bikur Cholim of Baltimore
- Mezuzot for the entranceways to patient rooms
- Electric candles, grape juice, challah, Havdalah candles and B'samim (aromatic spices) for Shabbat and Holiday observance
- Electric menorahs for Chanukah observance
- Prayerbooks, Chumashim (Five Books of Moses), Books of Psalms, and other Jewish resources related to end-of-life care
- Rabbi visits and consultations, including on-call Rabbi support
- End-of-Life Doula care

**For any of these services, please speak to a Gilchrist staff member, who will then connect you with a member of our Jewish Care and Support Program Team.**

You can also reach out directly to our Jewish Care and Support Program Manager: Rabbi Benjamin Shalva, 443.314.1803, [bshalva@gilchristcares.org](mailto:bshalva@gilchristcares.org).



## Jewish Reflection & Meditation Room



Gilchrist Center Towson features a Jewish Reflection & Meditation Room, located on the lower level. This tranquil, spiritually restorative space offers a Jewish library, comfortable spaces to sit, read and reflect, a cascading water fountain, and a wall of Jerusalem stone, modeled on the Western Wall in Jerusalem.

Patients and families are encouraged to write notes and prayers and then place these between the wall's stones. These notes are periodically collected by our Jewish Care and Support Program Team, flown to Jerusalem, and placed between the stones of the Western Wall.

**The Jewish Reflection & Meditation Room is open 24 hours a day, 7 days a week.** If you are interested in visiting the room, please notify a Gilchrist staff member.