

## Have You Seen This Person?

If you or someone you are caring for is experiencing these symptoms, hospice may be able to help.



- **Difficulties with three or more activities** of daily living (i.e. bathing, feeding, continence of urine and stool, dressing, walking to the bathroom, and transferring from bed to chair)
- **Difficulty swallowing** which is leading to weight loss; a notable change in food portions being eaten
- **Unintended weight loss** (10% or more) over the last few months; this could be determined by clothing, glasses or dentures becoming loose, or by arm or waist measurements
- The **need for frequent medical care**, including 3 or more emergency room visits in the last 6 months
- **Shortness of breath**, even while at rest
- An **uncontrolled symptom**, such as pain
- **Rapid decline in medical condition**, including medical complications, such as aspiration pneumonia, recurring infections such as urinary tract infections or bed sores related to the decline in one's health or medical condition
- **Unable to care for him/herself**; may require the need for nursing home or hospital care
- **Does not want to pursue curative treatment** or curative treatment is no longer working
- **Mostly sitting or lying down** during the day due to fatigue from end-stage disease; requires considerable assistance to walk
- **Decreased alertness**
- **Unable to participate in previously enjoyed activities**

We serve patients with cancer and non-cancer diseases, such as Alzheimer's and other dementias, heart, lung, kidney and liver diseases, stroke, HIV/AIDS, and debility.

**Medicare, Medicaid, private insurers, or community contributions generally cover all costs of hospice care. Luminis Health Gilchrist Lifecare Institute accepts all patients regardless of their ability to pay.**

Also, new research finds that patients are more comfortable and may live longer under hospice care.

Your comfort and peace of mind are only a phone call away.

**Care Navigation:**  
888-823-8880

**Hospice Admissions:**  
443-332-5800

**Luminis.Health/Gilchrist**